



HEALTHIER TOMORROWS

Taking on Diabetes Together

Diabetes is growing at an alarming rate in our region. This life-changing condition affects so many in our Monterey County community, and if it remains unchecked, thousands of people will not have the quality of life they enjoy today. However, the Salinas Valley Memorial Hospital Foundation is taking strides to stop or even reverse this trend.

Monterey County is at Risk

12%
of adults have
DIABETES

45% of adults are prediabetic and at risk of developing **DIABETES**

15-30% of the prediabetic population will develop diabetes in the **NEXT 5 YEARS**

7-13% of adults will develop diabetes in the next **5 YEARS**

We Are Taking Action

By expanding the Salinas Valley Medical Clinic Diabetes & Endocrine Center, we can educate people about earlier management of diabetes, save lives and lower the high costs of healthcare associated with diabetes. Features of our expansion include:

4 million **EXPANSION**

10,000 square-foot facility

NEW
EDUCATIONAL TECHNOLOGY

STATE-OF-THE-ART **KITCHEN**

You Can Make a Difference

Your support has a direct and meaningful impact on families in our community. We hope you will be part of this important endeavor.

With your help, we will be at the forefront of taking on diabetes and make our community healthier by providing:

GROUNDBREAKING
DIAGNOSIS AND TREATMENT

PATIENT AND FAMILY
SUPPORT

NUTRITION
EDUCATION

CULTURALLY
SENSITIVE PROGRAMS